



Show your interest in joining Delaware's Chapter by filling out the Google Form at

<https://tinyurl.com/y5fndx7p>

Questions?

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Delaware COSEM Facilitator

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*DE COSEM is sponsored for educators
by the Delaware Department of Education*

Join the Delaware Chapter of the



Interested in or passionate about bringing mindfulness to education? Delaware is looking for educators from across the state to join Delaware's Chapter of the Coalition of Schools Educating Mindfully (COSEM).

COSEM is an educator-led nonprofit that supports school communities by connecting them with mentors, training, curriculums, and other resources for mindfulness-based social, emotional, and academic learning. Chapter activities may include supportive chapter meetings, workshops, trainings, retreats, and book clubs.

<https://www.educatingmindfully.org/>