

Safe People

Draw a picture of your safe person.

Glue the words that describe this person to the bottom of the page.



Caregiver signature _____

Takes care of me	Helps me
Protects me	Listens to me
Sets limits for me	Cares about me
Does not hurt me	Does not ask me to keep secrets that make me feel sad, scared or worried
Is kind to me	Honest
Trustworthy	Keeps me safe
Listens to my opinions	Doesn't make fun of me when I am scared
I can talk to about anything	Loves me
Helps me solve problems	I feel comfortable around